

Case Study

Building Stronger Foundations

Alongside the clinical service support P2P provides Western Australian families, the organisation also builds capacity and capability of Western Australian's workforce by providing training for postgraduate clinical psychology trainees and other allied health students.

In 2024, P2P also provided specialised Perinatal and Infant Mental Health (PIMH) Training Programs for organisations to build capacity in their practitioners who support families during pregnancy and early parenting.

Through the generous support of the Stan Perron Charitable Foundation, P2P has built the foundations for a more prepared and confident PIMH workforce in Geraldton, capable of supporting families to thrive during the important stage of early childhood.

Building Stronger Foundations: Empowering the Geraldton Perinatal and Infant Mental Health Workforce Project engaged the community through the development of a

tailored interdisciplinary training program for frontline practitioners, building local PIMH (Perinatal and Infant Mental Health) workforce capacity and generating sustainable long-term impacts for families.

P2P created an interdisciplinary training model delivered to a community of 12 dedicated multidisciplinary health providers to making a difference. "The experience in Geraldton was nothing short of remarkable," shares P2P Executive Director, Rochelle Matacz. "The Geraldton community—under-resourced yet determined and resilient—embraced the opportunity to upskill and enhance their capacity to offer high-quality, PIMH interventions in their everyday practice with highly vulnerable families. Together, we built the foundation for a more prepared and confident workforce, capable of supporting families during this uniquely important stage of life."

"One of the most rewarding aspects of this journey was watching the practitioners grow, not only in their

skills but in their commitment to each other and the families they serve. The knowledge-building, reflective supervision, and resources provided through this Project created a solid infrastructure for ongoing development."

The foundations of workplace training and expertise in PIMH have been laid in Geraldton. The Building Stronger Foundations Project shaped a model of training that can be adapted to other regional and remote areas, ensuring every community has access to the same level of support.

"Investing in the capacity of regional PIMH workforces is not just about strengthening one community - it's about creating a pathway to inform PIMH training on a state and national level. Together, we are not only building a workforce - we are shaping the future of emotional wellbeing and mental health support for children at their earliest point in life and families across Australia."

